

LUNG CANCER AWARENESS



CANCER...

Cancer is the growth of abnormal cells in place of healthy cells.

Lung cancer is the leading cause of cancer deaths among men and women in the U.S.

Tobacco smoking is the leading cause of lung cancer in 9 out of 10 men and 8 out of 10 women.

PROTECTIVE MEASURES...

Some risk factors for lung cancer can be prevented.

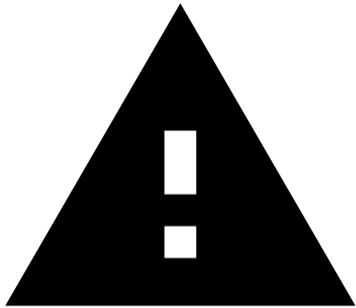
Consider how you can:

- Quit cigarette, cigar & pipe smoking**
 - simply switching to low tar/ low nicotine cigarettes does NOT lower your risk!
- Avoid second-hand smoke
- Know your family history
- Lower your environmental exposure at work or home
 - radiation
 - asbestos
 - tar/soot
- Take extra precautions if you're living with HIV



**Quitting smoking can reduce your development of lung cancer by 30-60% within 10 years.

SYMPTOMS & SCREENING...



- A cough that doesn't go away & gets worse over time
- Constant chest pain
- Coughing up blood
- Shortness of breath, wheezing, or hoarseness
- Repeated problems with pneumonia or bronchitis
- Swelling of the neck and face
- Loss of appetite or weight
- Feeling weak & tired

- **Screening** for lung cancer may include: a physical exam, imaging (x-rays, CT scans), and lab tests

TREATMENT OPTIONS...

There are two types of lung cancer:

- 1) Non-small cell lung cancer (more common)
- 2) Small cell lung cancer

Treatment options will depend based on the type, stage, & disease advancement.

Treatments may include oxygen, surgery, pain medications, chemotherapy, radiation therapy, and targeted therapy (substances that specifically attack only the cancer cells).



REFERENCES:

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FOR MORE INFO GO TO LUNG.ORG

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