

# An Luoung

## Breakthrough to Nursing Pre-Slating Candidate

### **Tell us why you are passionate about CNSA.**

I think CNSA is a great way for nursing students to expand their nursing education outside of the classroom. The association offers amazing opportunities for nursing students to grow as individuals and to engage their local communities. I believe strongly that involvement in CNSA and the values that CNSA stands for will help nursing students succeed in their future professional and developmental goals.

### **Why do you think you are the best fit for the position you are running for?**

I believe I am the best fit for the position of Breakthrough to Nursing Director because I have a strong commitment and passion that aligns well with the goals of the position. As a student who did not initially consider a career in nursing or have very much exposure to the field, I know the familiar obstacles that others may face in pursuing a career in nursing. I believe that as healthcare needs continue to increase and the demand for nurses continues to grow, it is essential that we make a commitment to diversifying the nursing field. I feel that it is vitally crucial to the future of nursing that we advocate for underrepresented individuals who often do not have the resources needed to enter careers in nursing.

### **What leadership experience do you have that will help you serving on the CNSA Board of Directors?**

Previously, I served as the Website & Calendar Coordinator with the Student Sustainability Collective at UC San Diego. That role gave me the experience to understand the expectations, teamwork, and commitment needed to serve in a student run organization. I excel at doing work that involves teamwork, collaboration, and grassroots organizing, all of which I know will be critical in the success of the position and serving on the CNSA Board of Directors.

### **Provide an example of a time you had a conflict with a peer and how you resolved it.**

An example of a time when I had conflict with a peer was related to having a difference in opinion regarding how to split up work-related responsibilities. It was resolved firstly

by being adaptable and willing to compromise. I listened to the concerns expressed by the other individual and then I understood their point of view. I've noticed that with these types of conflict, which can sometimes be a sensitive topic, individuals need to feel that they are able to freely discuss their concerns, which leads to open communication and mutual understanding.

**How has being involved in a student nurses association impacted your nursing education?**

Being involved in a student nurses' association has provided a more balanced approach to my nursing education. Being able to dedicate time towards planning educational events or volunteering within the community through our local chapter is important in giving back and engaging members of our community.

**How do you think CNSA could be more involved at the chapter level?**

I think CNSA could be more involved at the local level by hosting regional events throughout the school year. Convention is a great time to meet and make connections but oftentimes, members are not able to attend or commit to an entire weekend especially if distance is a factor.

**Please write a short bio about yourself and your personal goals in your career as a nurse.**

I started my college education as a biology student because I always enjoyed life science but switched to urban studies and planning with a minor in environmental studies during my time at UC San Diego. After years of working in private consulting, I realized I wanted to do work where I could feel the tangible impacts and effects of helping others and making a difference. I hope to work in the emergency room at some point and also public health or community health nursing later on in my nursing career.