



Annmarie Herrera

2018-2019 *Community Health Director*
California State University, Fullerton
Graduation: May 2019

Hello nursing students!

I am very excited to be a part of the Board of Directors for the 2018-2019 year serving as your Community Health Director! With the drive, motivation, passion, and willingness to serve I hope to bring engagement throughout nursing schools in California to be involved with their communities!

I am currently in a BSN program at California State University, Fullerton in my last year aspiring to be a critical care nurse in the burn, neuro, or surgical/trauma ICU. While in nursing school, I have served as President for two years as well as being on the committee for community health for CNSA. During my first year as President, our chapter held a feminine hygiene drive, "Lux on Her Side" that first started the year prior. We raised over 4,000 products of tampons/pads and distributed them in 100 bags including educational hygiene flyers donating them to Laura's House, survivors of domestic violence. Continuing my leadership role as President currently, held a canned food drive this semester receiving over 467 cans donating them to families and homeless in need.

Being involved with CNSA on the Community Health Committee for the 2017-2018 year, I have further developed my growth in teamwork. I have contributed to our monthly educational toolkits; Autism Awareness, Lux on Her Side, and Suicide Awareness. Additionally, I brought the idea of Lux on Her Side to CNSA for Community Health to be a donation drive at our Membership Meeting South this year in February at California State University, San Marcos. As you can see, I love doing projects to benefit our communities and am excited to bring forth ideas for this year.

I am eager to get started on some of the goals I have outlined for this year and would like to share with you!

- Continue Lux on Her Side donation drive to have at our Membership Meeting South (MMS) and our Membership Meeting North (MMN) donating to women or homeless shelters.
- Stop the Bleed campaign chapter challenge! To empower and train communities' basic techniques of bleeding control when in a life-threatening emergency.
- Be the Match competition for all nursing schools in California to register the most students in hopes of finding donor matches for those living with blood cancers.
- Continue our Save a Heart campaign training individuals in performing hands-only CPR.

- Reach out to CA nursing schools to get a visual of what Community Health means to you and why community health is essential. Additionally, looking to increase engagement with nursing students emailing me your health events that you do out in the community to spotlight your success!

If you would like to reach out, please feel free to do so with any ideas you would like to share or to be a part of our team with committees! My email address is health@cnsa.org. I am looking forward to a great year with you all!